
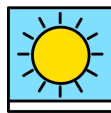

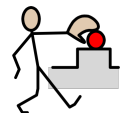




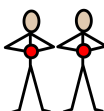


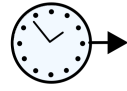


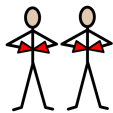









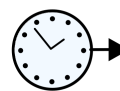


Going Outside

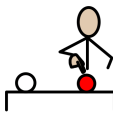
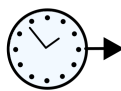








     
During the coronavirus it is still a good idea to go outside

    
once a day and get fresh air.

        
Going outside is good for our bodies and will help keep

 
us healthy.

         
When i go outside with my family I will be safe.

         
This will make me feel happier and help me sleep

↓
●
at



night.