

SUNDERLAND MUSIC 🎵 HUB

MUSIC AT HOME: WEEK FOUR

Hello everyone!

This week's Music at Home resource is full to bursting with activities to get involved with at home!

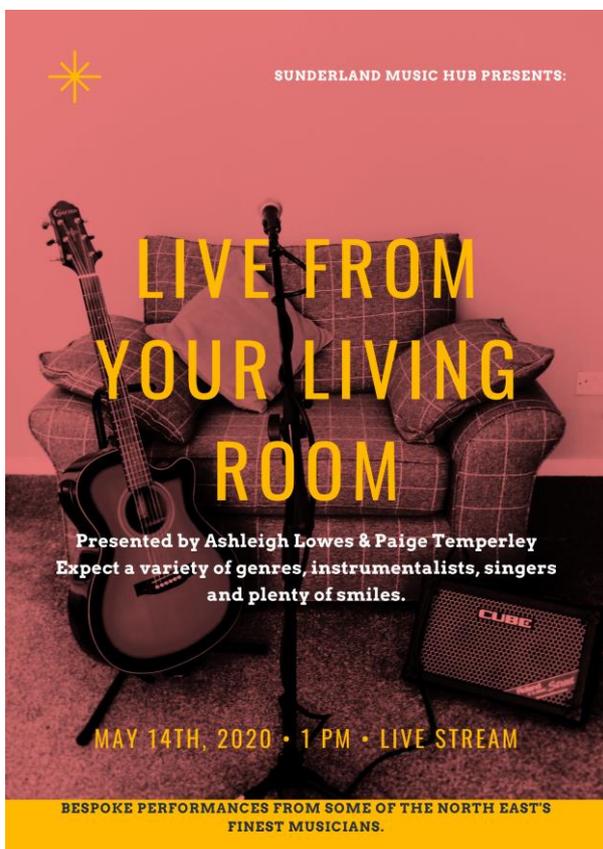
As well as the usual activities for Early Years, Primary and Secondary, we're also alerting you to some other opportunities to get involved with in the coming weeks as well as bringing you some performances from wonderful young musicians who are members of Houghton Area Youth Band.

But first, we've been singing the [Isolation Rap](#) all weekend. Written by children of key workers at Hetton Lyons Primary School with musician Laura Taylor, these wonderful young musicians are giving you some ideas about how to spend your time at home! Can you write an Isolation Rap of your own? Give it a go and share it with us on [Twitter](#), [Facebook](#) or [Instagram](#).



FOR ALL AGE RANGES

LIVE FROM YOUR LIVING ROOM



Join us this Thursday 14th May at 1pm as we present '[Live From Your Living Room](#)', a live-streamed afternoon of musical performances.

Presented by Sunderland Music Hub's Ashleigh Lowes and Paige Temperley, we'll be bringing you bespoke performances from some of the North East's finest professional musicians. This event is the opportunity for young people and their families to sit back and relax whilst listening to a huge mix of genres, instrumentalists and singers and hear about the impact of music on the performers' lives and wellbeing. There'll be tuned percussion, classical piano, saxophone, fiddle, a blues duo, and special performances from friends of the Hub Joe McElderry, Martin Longstaff and young people from Young Musicians Project.

This event will be streamed through the Sunderland Music Hub Facebook page and more info can be [found here](#).

CONDUCTIVE MUSIC DIGITAL WORKSHOPS

Conductive Music bring together art, music, science and technology, using resources available for free and accessible from home to deliver immersive and engaging workshops. Each year we invite them to come and join us in Sunderland to deliver workshops in schools across the city.

Because of the current situation, Conductive Music will be taking these workshops online, and are inviting you all to take part from your homes or in groups for those who will be in school.

Workshops will take place **Monday 15th - Friday 19th June** and a series of different workshops are available for children in **Year 1 all the way through to Year 8 and a session for teachers too!**

For more information including how to book, [have a look at this document.](#)



MUSIC HUB HOME SESSIONS

Last week we shared our first Home Sessions video with you and this week we are bringing you two more! Watch [William Swift's](#) rendition of "Danny Boy" and [Harry Rose](#) perform "Concert Etude" by Alexander Goedicke. The pair are both members of [Houghton Area Youth Band](#) who usually meet each Saturday and are always open to new members! Click on the images below to see William and Harry's performances.

If you'd like to share a performance with us for our Music at Home series, please have a [read of this document](#) about staying safe when engaging with music activity online, and upload your video by [following this link](#). If you are under 18, you'll need to ask your parent or carer to complete this link for you.



EARLY YEARS

JOIN THE BAND WITH HOME-MADE INSTRUMENTS

Last week you might have gotten involved with making your own instruments using the [Fishy Instrument worksheet](#) from Early Years HQ. This week we'd love you to join the band with or without instruments and sing along with Ashleigh to [Oh When the Band...](#)



LULLABUGALOO AND DANCING WITH THE BEES FROM CLAIRE TUSTIN

The North East is so fortunate to have so many brilliant musicians, many of whom are working during this time to bring brilliant music activity to you in your homes. Just like Claire Tustin, Singer/Songwriter, performer and facilitator who specialises in creating playful songs and theatre for children.

Claire has a YouTube channel for young children. Have a watch of this brilliant video called [Out in the Woods](#) where Claire celebrates being out in the woods with song and her trusty dog Charlie.

You can [contact Claire](#) to hear more about the music activity she is delivering in lockdown, and listen if you'd like to listen to any of Claire's original songs for children you can stream her album [Dancing with the Bees here.](#)



EVEN MORE EARLY YEARS RESOURCES!

Alongside the huge range of music resources available, we can't help but include these wonderful non-musical Early Years resources available from the brilliant Seven Stories. Join the amazing [Smriti Prasadam-Halls and Seven Stories](#) as she shares her farmyard tale about compassion for others and strength in togetherness told with humour, warmth and beautiful illustrations. [Illustrator Rob Starling](#) has created some free templates, and step-by-step guides, to have a go at building your very own farmyard finger puppets and bridge, as featured in The Little Island. You might even want to send Seven Stories your end results via their [Facebook Page!](#)



PRIMARY

MUSICAL MOMENTS

Kitchen Percussion!

Get the pots and pans at the ready because this week we're going to be having a go at some kitchen percussion! Learn about pulse and rhythm by having a go at our [Musical Moments worksheet](#) by Primary Specialist Lynne Ireland.

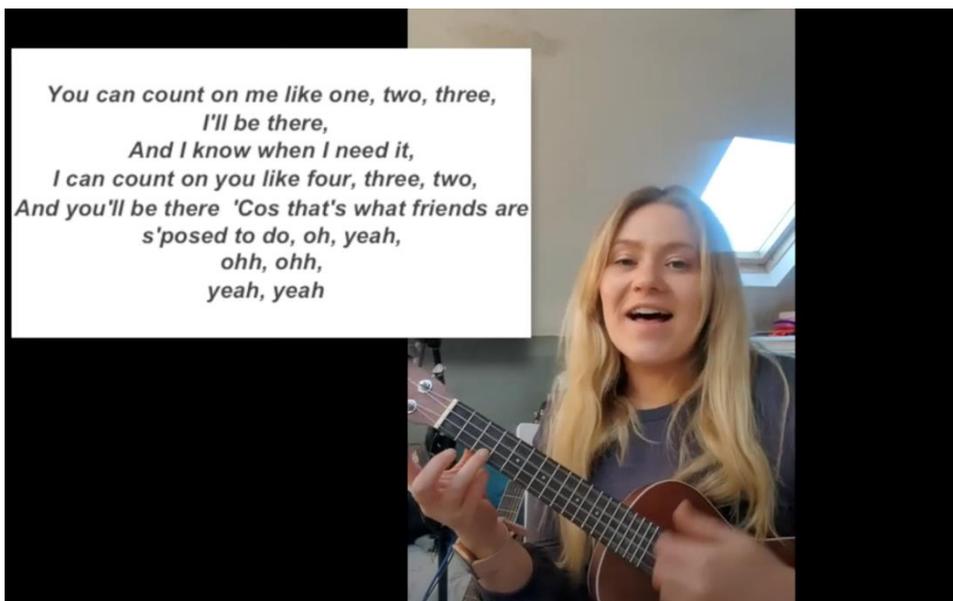


BIG SING 2020: FEELING GOOD! LEARN TO SING BRUNO MARS' COUNT ON ME

On 22 June, we're bringing our event Big Sing 2020: Feeling Good! into your homes with a very special live stream. Each week in the lead up to this event we're sharing a brand new Learn to Sing video with you, so that on the day of the Big Sing you're ready to join in with our brilliant vocal leaders and Big Sing Band. This week, join Ashleigh in learning to sing Bruno Mars' friendship-themed song [Count On Me](#).

All the information about the event including a Big Sing Toolkit and each of the weekly videos can be found on our [website here](#).

Our theme for this year is Feeling Good, so we're thinking a lot about the wellbeing benefits of music and singing. On our website you'll also find some useful links about maintaining good mental health and wellbeing, thanks to our friends at Washington Mind.



SING UP PLAYLIST- SONGS TO GET MOVING

It's not just Joe Wicks who can get us moving at home! Listen to this [playlist by Sing Up](#) and take part in some action songs to get us active at home.



SECONDARY

SONG OF THE WEEK: SWEET DREAMS BY EURYTHMICS

Fun fact: did you know Eurythmics frontman Dave Stewart is from Sunderland? In fact, he attended Barnes Infant and Junior School. And even now, after so much success, he supports and champions music activity in the city.

Anyway, this week we're learning to play Sweet Dreams by Eurythmics. Have a go at [this worksheet](#) which includes a link to listen to the song (and a playlist of other 80s Synth Pop bangers!) and some activities, and [follow this link](#) for a video from Secondary Specialist Laura on how to play the riff and compose a riff of your own!



MUSIC THEORY VIDEOS

MUSIC THEORY

NOTE DURATION

Following on from last week's music theory video on staves, clefs and ledger lines, this week we're bringing you a new resource on Note Duration. Created by Ellie Booth, a second year student at Sunderland College, this short video to give those of us who may be new to music theory the basics to understand the value of musical notes. [Have a watch here.](#)

SONGWRITING WITH JENNIE BREWIS AND NEW WRITING NORTH

After all the songwriting activity we are sharing with you, we're imagining you're going to come out of lockdown with a whole album of songs and we can't wait to hear them. But if there's room for one more on that album of hits, then give [Jennie Brewis' resource Lyric Remix](#) a go. With a link to a TED talk and some activities to turn your favourite song into an original, this thought-provoking resource from Jennie is sure to inspire you to get writing!



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