

SUNDERLAND MUSIC HUB

MUSIC AT HOME: WEEK TWO

Hello from Sunderland Music Hub!

We hope you had a chance to get involved with our Music At Home resources last week. Don't worry if you missed it, though, you can find week one's activities [here](#) so feel free to go back and give them a go!

This week's activities include Singing a Rainbow with our Early Years practitioner, Ashleigh, a Beethoven-themed worksheet for Primary School-age children and another Song of the Week for Secondary, this year learning to play the Blues with our brilliant Secondary Lead, Laura Tindall.

Just like we did last week, we're starting with a singing activity from Laura Taylor. This time Laura is leading us through the Plasticine Man warm-up. Get those vocal chords ready with [this video](#).



We are posting daily on our social media including [Facebook](#), [Twitter](#) and [Instagram](#) accounts, so check those for more activities and updates throughout the week. You can always share your Music at Home activities with us there too!

EARLY YEARS

SING A RAINBOW

This week we have a theme of **Colours and Rainbows**. We've seen a lot of artwork and pictures of rainbows in windows lately, spreading joy and putting a much needed smile on people's faces. The rainbows are serving as a reminder to stay positive. Have you got a rainbow in your window?

#chasetherainbow

[Sing along to I Can Sing A Rainbow with Ashleigh here.](#)



You could also take a look at this [reading list](#) along the themes of colours.

SING UP

The brilliant people at Sing Up have made some of their brilliant resources available online and we'd love for you to have a listen whilst taking part in some activities we've suggested below.

[Let Love Shine Through](#)

Create your own rainbow artwork with pencil, pens, paint, coloured tissue, anything crafty you can get your hands on. Have a listen to this catchy powerful song 'Let love shine through' whilst you do it.

[People Who Help Us](#)

This activity comes from Sing Up themselves and is great for personal, social and emotional development. *Create a role play area at home with home-made outfits, walkie talkies and signs etc. Try acting out some of these key job roles with other family members. You could also mime the jobs, a bit like charades. Can others guess who you are?*

ONLINE RESOURCES OF THE WEEK

Singer and Pianist Myleene Klass has been posting regular music classes to help families teaching from home. She's also created a few lovely lullaby videos to help getting little ones to sleep. Give these a try:

[Country Theme Lullaby](#)

[Movie Theme Lullaby](#)

PRIMARY

MUSICAL MOMENTS

We hope you enjoyed taking part in our Musical Moments worksheet last week. This week's activities are all focused around Beethoven. Have a listen, do some crafts and see what facts you can find out about the composer using [this worksheet](#).



SING UP PLAYLIST

This week's featured Sing Up playlist is one to get you feeling bright and uplifted! This empowering playlist includes eleven songs with downloadable lyrics and some very well-known tunes. For more advanced singing, or to get your whole family harmonising, there are some additional activities for a select few songs too.

[Give the playlist a try here.](#)

ONLINE RESOURCE OF THE WEEK

[Groove Pizza](#)

Groove Pizza is a playful tool for creating grooves using math concepts like shapes, angles, and patterns.

It's super fun to drop the shapes into your Groove Pizza to see how it looks and sounds. There's no right or wrong answer, just cool beats and interesting grooves. Give it a go and see what your Groove Pizza sounds like. [Have a watch of this How To video before you start.](#)

SECONDARY

SONG OF THE WEEK: ME AND THE DEVIL BLUES

This week's Song of the Week is Me and the Devil Blues by Robert Johnson. Use the worksheet and video below to learn a bit more about Traditional and Modern Blues, as well as having a go at playing along to Robert Johnson's song and, if you're feeling adventurous, having a go at improvising a Blues melody yourself.

Find the [worksheet here](#). Laura's Performance How To Video can be found here or by clicking the image below.



WRITING RAPS FROM MEMORIES WITH KAY GREYSON AND NEW WRITING NORTH

We've been mega-fans of Kay Greyson for a while now. Kay, from Newcastle, has been rapping since she was 6 years old. Now the grand old age of 21, she's gained a cult following in the North East and has even played the Royal Albert Hall. We caught up with Kay earlier in the year to hear about her influences and advice to young musicians - you can [read about that here](#).

Kay wrote [this resource](#) for our friends at [New Writing North](#) to help you write a rap based on a memory.



ONLINE RESOURCE OF THE WEEK

Get started with making music with this [free online resource from Ableton](#)! No prior experience or equipment is needed, everything to get started is available on your browser.

Take Kay Greyson's Writing Raps from Memories resource a step further by using the Ableton resource to create an original beat.



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children
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